

CYNGOR SIR POWYS COUNTY COUNCIL.

CABINET EXECUTIVE

11th February 2020

REPORT AUTHOR: County Councillor Rachel Powell
Portfolio Holder for Young People and Culture

SUBJECT: Integrated Emotional Health and Wellbeing and Youth
Support Workstream Update

REPORT FOR: Information

1. **Purpose**

To update Cabinet regarding the Integrated Emotional Health and Wellbeing and Youth Support Workstream, that sits under the Start Well Board. This workstream contributes towards supporting good emotional health and wellbeing for Children and Young people across Powys.

2. **Background**

The Start Well Programme has strategic responsibility in relation to the promotion of positive emotional health, physical health and wellbeing for children and young people, with a particular focus on those who are disadvantaged.

This programme is driven by the collective priorities identified under Health, Education and Social Care planning for children and young people aged 0 – 25 years.

The ‘Start Well: Children, Young People and Families Programme’ will work across a range of partners to ensure that we are.

‘Working together to ensure Powys children and young people (aged 0 – 25 years) are safe, healthy, resilient, learning, fulfilled and have their voices heard, valued and acted on.

The objective of the Integrated Emotional Health and Wellbeing and Youth Support Services is:

To commission an integrated response to support good emotional/mental health and well-being including a CAMHS review and the implementation of the Together for Children and young people strategy (T4YP) (framework for action – improvement programme)

The integrated Emotional Health and Wellbeing and youth support workstream actions aims to support the following:

- Children and Young People are emotionally resilient and able to experience better wellbeing, sustain positive relationships and learn
- Young people will have their additional needs identified, assessed and met earlier, before they can escalate

- Young people are resilient and able to develop positive relationships and engage effectively with learning and development opportunities.
- Professionals will be more able to identify, assess and meet the needs of young people at an earlier stage.

The Head of CAMHS and the Senior Manager for Intervention and Prevention in Children's Services co-chair the workstream. The Workstream is well attended with representation from Health, Social Care and third sector and voluntary organisations.

The workstream has six main actions:

1. To ensure EH&YS is a part of the commissioning of a simplified Access to Services
2. To further develop and deliver joint approach to Evidence based interventions and training
3. To establish regular and Annual networking events for staff to improve knowledge re skills and multi-agency working.
4. To discuss and identify gaps in Service, including attachment
5. To improve and implement the Child's voice
6. To hold the governance for the Play Sufficiency Assessment and the Play action Plan.

The main actions are underpinned by a number of task and finish groups and further actions, in order to deliver upon improving an integrated response to good Emotional Health and Wellbeing for Children and Young people across Powys.

There has also been an additional £200K of Regional Partnership Board (RPB) funding to provide an improved Emotional Health and Wellbeing Service for Children and Young People, who do not meet a Mental Health criteria but still have identified need (the missing middle). This project will be funded for 2 years and will include additional CAMHS workers who will provide advice and assessment to those not meeting a CAMHS criteria. Additional Youth Intervention Workers (YIS) who will be able to work directly with young people to provide interventions and support. Xenzone (Counselling Provider) who will provide Emotional Health group work across all secondary schools in Powys, delivering Resilience and Emotional Regulation skills. The Youth Service and the Sports Development Team who will deliver activities and informal social support for Young people.

3. Advice

For Information Only.

4. Resource Implications

The Integrated Emotional Health and Wellbeing and Youth Support Workstream does not require funding, as this is business as usual, incorporating partnership working. However, the workstream has recently received Regional Partnership Board funding to develop an Emotional Health and Wellbeing project to work with the 'missing middle' those young people requiring support but not needing a mental health service from CAMHS (Children and Adolescent Mental Health Service). This project has received £200K per annum until March 2022, this is

received through The Health Board and plans for the project going forward will be agreed by Start Well.

There are no implications for Workforce and Organisation Development, Digital Services or Property arising from this programme.

5. Legal Implications

The Social Care Legal team acknowledge the content of this report and shall provide advice and support on any issues if/when they arise.

The Head of Legal and Democratic Services (Monitoring Officer) has noted the report and has nothing further to add.

6. Data Protection

The processing of personal and special category data must be compliant with data protection legislation, with the necessary notices or information provided to those individuals involved. The development of relevant documentation and agreements would support and evidence the sharing of personal data between Controllers, and improve the transparency of processing.

7. Comment from Local Members

Scrutiny: Scheduled to be considered by H&SC scrutiny committee Feb 2020

8. Integrated Impact Assessment



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6. Recommendation

To ensure Cabinet are fully sighted on work to date.

Contact Officer:	Jo Hughes
Tel:	01596 826530
Email:	Jolene.hughes@powys.gov.uk
Head of Service:	Jan Coles

Corporate Director: Alison Bulman

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